



Adapted Music Lessons

Fraser® Rehabilitation Services

Adapted music lessons help individuals with special needs learn to play an instrument of choice. Playing an instrument is a motivational experience that promotes self confidence. An instrument can be used as a vehicle to express oneself without using words. In adapted music lessons, a child works on social skills with a music therapist in a fun, positive setting. Adaptations include the use of visuals/pictures to help the child understand the structure of the lesson, playing by color to help the child learn how to read music, learning to play songs of interest, and using improvisation to help the child feel comfortable exploring a variety of sounds.

Adapted music lessons are offered through **Fraser Rehabilitation Services**, which provide comprehensive evaluation, consultation and treatment services for children with motor and sensory dysfunction, decreased functional and developmental skills, feeding and swallowing difficulties, and speech, language, and hearing disorders. Therapy services are provided with an interdisciplinary approach and each child's goals and activities are individualized, based on strengths, challenges and motivations. Fraser therapists collaborate with parents, caregivers, teachers and mental health practitioners to maximize results.

Program Highlights

- Adapted music lessons are given in one of the following areas: piano, guitar, or trumpet
- Lessons are provided by a board certified music therapist who has passed proficiencies in piano and guitar and has an emphasis in trumpet.
- Families are asked to have the instrument of choice at home in order for the child to carry skills learned in lesson to the home.

Ages Served

- Piano (age 4 to 12)
- Guitar (age 5 to 12)
- Trumpet (age 3 to 12)

Our Staff

Fraser music therapists:

- have a bachelor's degree in music therapy from an accredited college/university;
- have completed a required 1040 hours of applied experience;
- are board certified;
- meet educational and clinical training requirements defined by the American Music Therapy Association;
- are practicing in an ongoing education program to ensure competence; and
- abide by the Certification Board for Music Therapists code of professional practice.

Location

Fraser Child & Family Center
3333 University Avenue SE
Minneapolis, MN 55414

Payment/Funding

Self pay

For information, contact: Rehabilitation Intake Coordinator 612-331-9413