



## **Therapeutic Listening® Fraser Rehabilitation Services®**

Therapeutic Listening is an evidence-based protocol that combines a sound-based intervention with sensory integrative activities to create a comprehensive program that is effective for children with sensory challenges. Therapeutic Listening can impact sensory modulation, attention, behavior, postural organization, and speech and language difficulties. Therapeutic Listening is designed to be primarily a home program directed by an occupational therapist. Ideally, it is provided as part of the child's ongoing occupational therapy program.

Therapeutic Listening is provided through **Fraser Rehabilitation Services**, which provide comprehensive evaluation, consultation and treatment services for children with motor and sensory dysfunction, decreased functional and developmental skills, feeding and swallowing difficulties, and speech, language, and hearing disorders. These therapy services are provided with an interdisciplinary approach and each child's goals and activities are individualized, based on strengths, challenges and motivations. Fraser therapists collaborate with parents, caregivers, teachers and mental health practitioners to maximize results.

### **Ages Served**

Most programs are designed for children up to 7 years of age. Children older than 7 may be served depending on the child, program and treating therapy team.

### **Our Staff**

- Fraser occupational therapists hold bachelor and masters degrees and are licensed by the state of Minnesota.
- In addition to providing a broad range of occupational therapy services, our therapists specialize in working with children diagnosed with autism spectrum disorders.
- Staff that provide Therapeutic Listening have attended trainings on how to use modulated CDs in their therapy sessions and how to set up programs for children in their homes.

### **Program Highlights**

- Uses developmental and sensory integration frameworks
- Uses music that is electronically altered to elicit a specific response
- Is individualized to each child's needs
- Is done 2 x day for 30 minute listening sessions

### **Locations**

Fraser Child & Family Center  
3333 University Avenue SE  
Minneapolis, MN 55414

Fraser  
2400 W 64<sup>th</sup> Street  
Minneapolis, MN 55423

### **Payment/Funding**

Parents are responsible for purchasing the necessary equipment for their child to complete this program at home. Items include specialized headphones, a portable battery operated CD player and one Therapeutic Listening CD. Occupational therapy sessions are typically billed to insurance, Medical Assistance/TEFRA, prepaid health plans (PMAP).

**For information, contact: Rehabilitation Intake Coordinator 612-331-9413**